

求恩家書

各位家長、同學和求恩人：

爭做環保先鋒 共創綠色校園

環保意識和可持續發展是 21 世紀的重要課題。本校注重綠色教育，培養學生的環保意識，鼓勵師生在日常生活中把環保意識付諸行動。透過多元化的環保教育活動，我們希望學生明白平衡環境保育與都市發展的重要性，培養關愛和尊重自然萬物的態度，盡世界公民的責任。

本校參加由「環保觸覺」主辦的「無冷氣夜 2020」活動。「無冷氣夜」始於 2010 年，希望透過鼓勵市民關掉一晚冷氣，喚醒市民的環保意識，反思日常生活用電模式，明白節約能源的重要，從而身體力行減少溫室氣體排放，一起對抗全球暖化。活動開始前，本校鼓勵學生閱讀相關主題的文章，了解溫室效應對環境的影響。活動已於 10 月 9 日晚上 7 時舉行，全校師生一起在家關掉冷氣，踏出改變第一步！

為了提高同學的環保意識和推動廢物回收，本學年環境教育組繼續在各課室設有紙張回收籃及在操場設置三色廢物分類回收桶，每班定期安排環保風紀將紙張回收籃的廢紙放到操場的廢紙回收箱，鼓勵師生一同實踐環保精神。此外，為了共創綠色校園，提高同學們的減廢意識，本校於 10 月 6 日至 13 日舉辦「月餅罐回收計劃」，呼籲同學將月餅罐帶回校，由環保大使收集，並放進校內的回收箱，最後由環保署安排的承辦商「碧瑤廢物處理及回收有限公司」進行處理和收集。

除環保行動的踐行外，同學們在環保競賽方面亦取得不錯的成績。5A 班司徒穎茵同學參加由「樹賢基金有限公司」舉辦，「政務總署」、「灣仔區青年活動委員會」贊助的「環保生活問答比賽 2020」，榮獲中學組亞軍。5A 班吳雅鑫同學及 2D 班江旻珊同學則取得優異獎，表現值得嘉許。

新學年獲獎喜訊源源不斷。在 2019 年 12 月至 2020 年 8 月期間，選修化學科的中五及中六級同學在「化學家在線」自學獎勵計劃 2020 中，共獲得了十多個獎項。另外，2020 年畢業生梁雅怡同學憑藉優秀的學習表現獲得「學校起動」計劃(Project WeCan)獎學金，以支持她大學期間的學習和生活的所有費用。

2020 年絕對不是一個輕鬆的年頭，能在這艱難的時期獲得獎項，實在難能可貴！希望同學們以他們為榜樣，努力學習，期待你們取得更優秀的成績！預祝同學們在 11 月統一測驗中取得理想成績，主恩常伴！



賴炳華

2020 年 10 月 29 日

「化學家在線」自學獎勵計劃 2020 獲獎

鑽石獎(Diamond Award)

| | |
|------|-----|
| 6A 班 | 林志成 |
| 6A 班 | 陳敬東 |
| 6A 班 | 程天藍 |
| 5A 班 | 李杏淇 |
| 5A 班 | 彭燊澄 |
| 5A 班 | 戴穎詩 |

| | |
|------|-----|
| 6A 班 | 趙博文 |
| 6A 班 | 王凱旋 |
| 6B 班 | 梁泳琪 |
| 6B 班 | 陳杰棠 |
| 6B 班 | 陳銘軒 |

白金獎 (Platinum Award)

| | |
|------|-----|
| 6A 班 | 楊雅婷 |
| 6B 班 | 何倩婷 |
| 5C 班 | 林俊龍 |

金獎 (Gold Award)

| | |
|------|-----|
| 6B 班 | 羅海軒 |
|------|-----|

銅獎 (Bronze Award)

| | |
|------|-----|
| 6C 班 | 譚翠倫 |
| 5A 班 | 彭梓瑩 |
| 5B 班 | 陳靜嫻 |
| 5B 班 | 鍾浩鋒 |



梁雅怡同學獲得「學校起動」計劃獎學金

2019-2020 年度畢業生 6A 班梁雅怡同學，在 2020 年香港中學文憑試考獲佳績，升讀香港科技大學工商管理學士（專業會計學）課程。梁同學獲學校推薦，成功申請由九龍倉集團（The Wharfs Holdings）牽頭髮起的「學校起動」計劃（Project WeCan）獎學金，鼓勵同學繼續努力，發揮潛能。

Dear Principal Lai,

WeCan Scholarship Scheme 2020/21

Thank you for your nomination for the 2020/21 WeCan Scholarship Scheme.

We are pleased to inform you that the Project WeCan Committee has approved a full scholarship of HK\$25,000 to Ms Leung Nga Yi for four years for her undergraduate study at The Hong Kong University of Science and Technology.



Project WeCan
「學校起動」計劃

樹賢基金有限公司 「環保生活問答比賽」獲獎

| 獎 項 | 獲獎學生 |
|-----|----------------------|
| 亞 軍 | 5A 班 司徒穎茵 |
| 優異獎 | 5A 班 吳雅鑫 2D 班 江旻珊 |



5A 班吳文軒同學分享 匈牙利留學生活



Dear all,

I have already been in Hungary for a month. I have learnt that it is totally different from Hong Kong. I just want to say the air is so fresh that I want to take off my mask, but I don't have that much courage. This is the first time that I have left my family and taken care of myself.

When I arrived, I had to spend 7 days of quarantine in a hotel. After this, I met my host family and arrived at my new home. My host family is so kind and the house is so big! When I saw my own room, I was shocked by its size - it is as big as the living room of my home in Hong Kong. There is a sofa, a television and a small side table. I really love it! In addition, my host family cooks a lot of delicious Hungarian dishes for me, for example, apple soup. Food is one of the reasons why I chose Hungary as my exchange destination. Besides apple soup, I have also tried cheese and meat rice and various pastas. The cheese and meat rice is definitely one of my favourite dishes in Hungary.

「月餅罐回收計劃」



▲ 環保大使收集月餅罐

I now want to talk about my host school. When I entered the classroom on the first day, my classmates were so excited. They all came up to me and said "Hi". I believe this situation will happen in Hong Kong, too. They asked me a lot of questions, but I was shy and quiet. Although the students were very friendly, I still could not adapt to this situation, so we didn't talk much in the first two weeks. In the third week, I tried to communicate with them and we talked much more. Since the lessons are conducted in Hungarian, my classmates translated for me. I would say that this is not a bad new beginning at all.

One noticeable difference between Hong Kong and Hungarian teenagers is that they can talk with people who are older than them quite freely. They don't feel stressed, even when they are facing their teachers. In Asian culture, we must talk to older people politely. I think it is good because it will make the relationship between teachers and students closer. Also, the school rules are not strict and students have greater freedom. For instance, they can play music in the break time between lessons. That's why they love the school (maybe), and I love it too.

To sum up, everything is going well and I love the lifestyle here. I will tell you more about my experiences in Hungary next time.

Yours,

Frank

「愛·祝福」愛爾蘭升學獎學金得主 丘鈺琳同學(Cora)及林翠芝同學(Tracy)分享留學生活

To my fellow schoolmates,

I hope you guys are all doing well!

My name is Cora and I am entering the final year of my university life.

A lot of things happened last year. I completed my internship at Dell EMC as a finance analyst in their Global Revenue Assurance team. I had a taste of being an auditor in the business world. This experience has opened my eyes to the world of work and I have picked up a lot of useful skills in the workplace, such as information technology skills, along with numeracy and self-management skills. I am pretty sure these will nourish my career path.

Thinking back to when I started searching for an internship position, I encountered a lot of difficulties in the process. I was so frustrated and was on the verge of an emotional meltdown, but fortunately, the professors in UCC have given me a lot of guidance and support. They offered a lot of tips and suggestions in writing job applications and I am very grateful for that.

Moreover, I was able to map out my career path through this job experience, which I consider one of the greatest accomplishments that I had last year. I feel positive and optimistic about my future working in the commercial sector. With that in mind, I would like to give my heartfelt thanks to my alma mater, LKYMS, for once again providing me with the opportunity to study in Ireland and to realize my dream.

Currently, I am waiting for the school year to start. I am so looking forward to it and I hope you guys will enjoy the new academic year too!

Best regards,

Cora



My name is Tracy. I began my tertiary education in Ireland last year and it has had a great impact on my life since then.

I can still remember the time when I boarded the plane to Dublin. I was on an emotional roller coaster ride. On the one hand, I felt scared because it was the first time that I had travelled without my family and stayed in a foreign country for an extensive period of time. On the other hand, I was excited, because it marked a new chapter of my life. I could experience different things that I dared not dream of before this study trip. Now, after spending a year in Ireland, I am not afraid anymore. In fact, I have become more independent.

My first year in Dundalk Institute of Technology was full of colourful memories. To begin with, I lived in a dormitory and my roommates were from different countries. Sometimes we cooked together and shared our dishes. It was joyful for me to learn about different cultures through my taste buds. Also, we would go to the gym or the cinema together for relaxation. My social circle has expanded dramatically.

Then, I had many opportunities to experience some Irish traditions, such as traditional Irish dancing. I learnt how to dance the Irish stepdance from the senior members of the school's dance club. Although it took me quite a while to familiarise myself with the footwork, I was glad that I joined the club, as I gained a deeper understanding of the nation.

It was a really fun and meaningful year and I cannot wait for the new school year to begin in September. Let us all work hard and enjoy our school life!